orange LEADERS

FEBRUARY 2021 SOCIAL MEDIA PLAN FOR PARENTS

WEEK OF FEBRUARY 1

TWITTER

Celebrate Valentine's Day: Choose a Secret Valentine. Have each person draw a secret Valentine from a hat (or bowl) filled with your family's names. Then, come up with special ways to serve or surprise your secret Valentine during the week leading up to Valentine's Day!

Download free parent resources at theparentcue.org/resources by creating an account, or if you have the Parent Cue App, use your app login email and password. This month, check out the Celebrate Valentine's Day ideas and Kindness Challenge.

Tap into the power of quality moments together, and build a sense of purpose through your everyday experiences.

Celebrate Valentine's Day: Start a Thread. Call or text a friend or family member and have each person in your house tell them why you love them. Then ask that person to continue the thread by calling or texting someone and doing the same.

Take a Deep Breath: 5 Things That Are True Today. https://theparentcue.org/take-a-deep-breath-5-things-that-are-true-today/

FACEBOOK/INSTAGRAM

Celebrate Valentine's Day: Choose a Secret Valentine. Have each person draw a secret Valentine from a hat (or bowl) filled with your family's names. Then, come up with special ways to serve or surprise your secret Valentine during the week leading up to Valentine's Day!

 $(image name: Feb21_PCWeek1_FBInsta_SecretValentine01.jpg, Feb21_PCWeek1_FBInsta_SecretValentine02.jpg, Feb21_PCWeek1_FBInsta_SecretValentine03.jpg)$

Tap into the power of quality moments together, and build a sense of purpose through your everyday experiences.

 $(image name: Feb21_PCWeek1_FBInsta_Quote.jpg)$

Celebrate Valentine's Day: Start a Thread. Call or text a friend or family member and have each person in your house tell them why you love them. Then ask that person to continue the thread by calling or texting someone and doing the same.

 $(image\ name:\ Feb21_PCWeek1_FBInsta_Thread01.jpg,\ Feb21_PCWeek1_FBInsta_Thread02.jpg,\ Feb21_PCWeek1_FBInsta_Thread03.jpg)$

WEEK OF FEBRUARY 8

TWITTER

Celebrate Valentine's Day: Decorate with Paper Hearts. Cut out hearts from pink, red, and white construction paper. Write down reasons you love each other on the hearts and every day tape one heart to that person's bedroom door.

"The greatest gift we can give our kids is the stability of knowing whatever happens, our unconditional love won't change." —Reggie Joiner

"One of the most powerful things a parent can do is learn to communicate in a style that values the relationship." —from Parenting Beyond Your Capacity

Move your child toward a deeper faith and a better future. Download the Parent Cue App today. theparentcue.org/app

Get to know your child in the phase they are in now with phase guides from Parent Cue. https://thnkor.ng/3foEa5B

FACEBOOK/INSTAGRAM

Celebrate Valentine's Day: Decorate with Paper Hearts. Cut out hearts from pink, red, and white construction paper. Write down reasons you love each other on the hearts and every day tape one heart to that person's bedroom door.

(image name: Feb21_PCWeek2_FBInsta_PaperHearts01.jpg, Feb21_PCWeek2_FBInsta_PaperHearts02.jpg, Feb21_PCWeek2_FBInsta_PaperHearts03.jpg, Feb21_PCWeek2_FBInsta_PaperHearts04.jpg)

"The greatest gift we can give our kids is the stability of knowing whatever happens, our unconditional love won't change." —Reggie Joiner

(image name: Feb21_PCWeek2_FBInsta_Quote1.jpg)

"One of the most powerful things a parent can do is learn to communicate in a style that values the relationship." —from Parenting Beyond Your Capacity

(image name: Feb21_PCWeek2_InstaStory_AnimatedQuote.mp4)

WEEK OF FEBRUARY 15

TWITTER

If you want your child to know they matter, then talk to them using words that set them up to feel significant, valued, and unique.

Be the parent you want to be with resources from theparentcue.org.

As a family, spotlight a neighbor each week and do something for that person or family. For more ideas on ways to show kindness, download the Kindness Family Challenge from theparentcue.org.

4 Questions to Ask When You Notice a Shift in Your Child's Behavior. https://theparentcue.org/4-questions-to-ask-when-you-notice-a-shift-in-your-childs-behavior/

Try to go an entire afternoon or evening only saying kind things. If you mess up, start over and try again. For more ideas on ways to show kindness, download the Kindness Family Challenge from theparentcue.org.

FACEBOOK/INSTAGRAM

If you want your child to know they matter, then talk to them using words that set them up to feel significant, valued, and unique.

(image name: Feb21_PCWeek3_FBInsta_Quote.jpg)

As a family, spotlight a neighbor each week and do something for that person or family. For more ideas on how your family can show kindness, download the Kindness Family Challenge from the parentcue.org.

 $(image name: Feb21_PCWeek3_FBInsta_KindnessTitle.jpg, Feb21_PCWeek3_FBInsta_SpotlightNeighbor.jpg, Feb21_PCWeek3_FBInsta_KindnessIdeas.jpg)$

Try to go an entire afternoon or evening only saying kind things. If you mess up, start over and try again. For more ideas on how your family can show kindness, download the Kindness Family Challenge from the parentcue.org.

 $(image\ name:\ Feb21_PCWeek3_FBInsta_KindnessTitle.jpg,\ Feb21_PCWeek3_FBInsta_SayKindThings.jpg,\ Feb21_PCWeek3_FBInsta_KindnessIdeas.jpg)$

WEEK OF FEBRUARY 22

TWITTER

"The absolute best way your kids will learn how to be kind is when they see you being kind." —Reggie Joiner

Start a piggy bank for a specific cause you all agree on. For more ideas on ways to show kindness, download the Kindness Family Challenge from theparentcue.org.

"Kind words can be short and easy to speak but their echoes are truly endless." ---Mother Teresa

Let a family cut in front of your family in a line. For more ideas on ways to show kindness, download the Kindness Family Challenge from theparentcue.org.

FACEBOOK/INSTAGRAM

"The absolute best way your kids will learn how to be kind is when they see you being kind." -Reggie Joiner

(image name: Feb21_PCWeek4_FBInsta_Quote1.jpg)

Start a piggy bank for a specific cause you all agree on. For more ideas on how your family can show kindness, download the Kindness Family Challenge from the parentcue.org.

 $(image\ name:\ Feb21_PCWeek3_FBInsta_KindnessTitle.jpg,\ Feb21_PCWeek4_FBInsta_PiggyBank.jpg,\ Feb21_PCWeek3_FBInsta_KindnessIdeas.jpg)$

"Kind words can be short and easy to speak but their echoes are truly endless." ---Mother Teresa

(image name: Feb21_PCWeek4_FBInsta_AnimatedQuote.mp4)

Let a family cut in front of your family in a line. For more ideas on how your family can show kindness, download the Kindness Family Challenge from the parentcue.org.

 $(image\ name:\ Feb21_PCWeek3_FBInsta_KindnessTitle.jpg,\ Feb21_PCWeek4_FBInsta_CutinLine.jpg,\ Feb21_PCWeek3_FBInsta_KindnessIdeas.jpg)$