

### BOOKS ETC.

### BLOGS

### BLOGS (CONT.)

Orange Students  
Anxiety Toolkit

Orange Students Blog:  
"Four Key Things to  
Know about Dealing with  
Students and Trauma"

Orange Leaders:  
"Behind the Smile: What You  
Want Every SGL to Know"

Orange Students Curriculum:  
Trending for Middle  
School Students on  
Self-Harm and Suicide

Orange Students Blog:  
"Suicide Prevention Month:  
3 Things to Remember"

Orange Leaders:  
"Leading Yourself Well Through  
Tough Ministry Seasons"

Orange Students Curriculum:  
I Have Questions for  
High School Students on  
Self-Harm and Suicide

Orange Students Blog:  
"What to Say When the  
Unthinkable Happens"

Orange Leaders:  
"In Times of Crisis: Create  
Space for Grace"

Caring for At Risk Students  
Orange Students Guide

Orange Students Blog:  
"High School Crisis  
Conversation Guides  
for Parents and SGLs"  
(Free download)"

Youth Specialties:  
"The Way We Were: Unlearning  
for the Future of Our Students"

Untangled: Guiding  
Teenage Girls Through  
the Seven Transitions  
Into Adulthood  
by Lisa Damour, Ph.D.

Orange Students Blog:  
"Handling Tragedies"

Youth Specialties:  
"Three Essentials for Students  
Remembering Faith in the  
Midst of Uncertainty"

The Five Love  
Languages of Teenagers:  
The Secret to Loving  
Teens Effectively  
by Gary Chapman

Orange Students Blog:  
"Four Key Things to Know  
About Dealing with  
Students and Trauma"

Youth Specialties:  
"5 Ways to Help Students  
Navigate Stress and Anxiety"

DYM:  
"Mental Illness Handbook"

Orange Leaders:  
"3 Keys to Addressing  
Mental Health and Suicide  
in Your Ministry"

Youth Specialties:  
"How I Talk to My Students  
About Mental Health"

Orange Leaders:  
"4 Keys to Establishing a  
Recovery Program That  
Reaches Your Community"

Youth Specialties:  
"5 Simple Ways to Respond  
to Teens with Anxiety  
and Depression"

Fuller:  
"We need to talk about anxiety"

Youth Specialties:  
"5 Levels to Navigating  
Tragedy as a Youth Worker"

Orange Leaders:  
"3 Ways To Use Social  
Media For Outreach"

Youth Specialties:  
"3 Resources for Working with  
Kids Who Cut/Self-Harm"

### BLOGS (CONT.)

### BLOGS (CONT.)

### BLOGS (CONT.)

Youth Specialties:  
"Surviving the Ups and  
Downs of Youth Ministry"

Youth Specialties:  
"What to Do with Sensitive  
Information from Students"

Youth Specialties:  
"Trauma Informed  
Youth Ministry"

Youth Specialties:  
"When Mental Illness  
Becomes An Identity:  
3 Things You Can Do"

Youth Specialties:  
"5 Steps for Referring  
Students to Professionals"

Youth Specialties:  
"Mental Health + Church"

Youth Specialties:  
"Mental Health + Youth Worker"

Youth Specialties:  
"Mental Health + Students"

Youth Specialties:  
"Replacing Tragedy with Hope"

Youth Specialties:  
"5 Things to Avoid When  
a Student Comes to  
You With a Crisis"

Youth Specialties:  
"Suicide Grief: Living in the  
Aftermath of Suicide"

Youth Specialties:  
"Preparing for the Unthinkable"

Youth Specialties:  
"6 Strategies for Engaging  
the Hurting Teen"

Youth Specialties:  
"Trauma and Adolescents"

Youth Specialties:  
"Leading Through Brokenness"

Youth Specialties:  
"5 Things You Should  
Know About Self-Harm"

Fuller:  
"Naming Loss and Gratitude  
with Young People in  
These Uncertain Days"

Fuller:  
"Naming and Navigating  
Depression in the  
Lives of Teenagers"

Fuller:  
"Helping Adolescents  
Work Through the Rising  
Tide of Anxiety"

Fuller:  
"Serving today's anxious  
generation; 5 ministry  
perspectives"

Fuller:  
"What's the difference between  
stress and anxiety? 3 signs"

Fuller:  
"We need to talk about anxiety"

Fuller:  
"7 strategies to respond  
to teenage girls' stress  
and anxiety"

Fuller:  
"Busting myths about  
teen girl anxiety"

Fuller:  
"Facing our Losses: Leaders  
Learning to Grieve"

Fuller:  
"Ministry of Presence"

Fuller:  
"4 Steps to Help a  
Stressed Teenager"

Fuller:  
"In The Aftermath of  
Teen Suicide"

Fuller:  
"In The Aftermath of  
Teen Suicide, Part 2"

(Anxiety/Grief/Depression/Suicide/Loneliness/Stress)

## For Youth Leaders

## PODCASTS

## WEBSITES

## WEBSITES (CONT.)

Rethinking Youth Ministry:  
"RYM 012: Navigating  
Mental Health and Suicide  
in Your Ministry:

Child Mind Institute:  
"Anxiety"

National Alliance on  
Mental Illness

Rethinking Youth Ministry:  
**"RYM 099: What's Going  
 on in a Teenager's Brain in  
 Moments of Despair and Grief"**

Child Mind Institute:  
"Depression"

Substance Abuse and  
Mental Health Services  
Administration

Rethinking Youth Ministry:  
"RYM 011: What to do when  
a student self-harms"

Child Mind Institute:  
"Suicide and Self-Harm"

Depression and Bipolar  
Support Alliance

Rethinking Youth Ministry:  
"RYM 076: What can we do  
about student anxiety as  
youth ministry leaders?"

Child Mind Institute:  
"Trauma and Grief"

Rethinking Youth Ministry:  
"RYM 080: What to do  
when real life collides  
with youth ministry"

National Suicide  
Prevention Lifeline

## VIDEOS

DYM Podcast:  
"Kara Powell on Teens  
& Anxiety"

Anxiety and Depression  
Association of America:  
**"Suicide Prevention Tips  
for Kids and Teens"**

TED Talk:  
"Tackling the Mental Health  
Crisis in Our Youth"

DYM Podcast:  
"Caring for Hurting Students"

**American Foundation for  
Suicide Prevention**

TED Talk:  
"Shattering the Silence:  
Youth Suicide"

**Suicide—  
Read This First**

TED TALK:  
**"Overcoming Anxiety"**  
 Jonas Kolker

American Counseling  
Association

TED TALK:  
**"Conquering depression: how  
 I became my own hero"**  
 Hunter Kent

The National Child  
Traumatic Stress Network